SPEAK OUT. CREATE CHANGE.

1. Raise awareness in your social media network of the need to provide, improve and protect care and treatment to the bleeding disorders community.
2. Connect with, participate in and contribute to, the WFH’s online bleeding disorders community using Facebook and Twitter.
3. Take advantage of the WFH’s activities to identify and mobilize youth leaders in your community.
4. Show support and provide education to new patients and their families.
5. Educate those in your circles who may not know about bleeding disorders.
6. Start the conversation about bleeding disorders online and engage others in issues that concern you and your community.
7. Use the WFH’s infographic campaign to attract online participation within your social media community – especially young people.
8. Highlight the need for youth advocacy in the bleeding disorders community.
9. Support advocacy efforts with government officials and encourage young people to get involved.
10. Demonstrate to youth that they play a key role in effecting change to improve their lives and the lives of others.
11. Attract more volunteers and members to your organization and into your online community.
12. Raise funds to support your activities.
13. Support your local hemophilia treatment centre.
14. Support the WFH and its vision of Treatment for All.

For additional information about World Hemophilia Day and to download other materials, visit www.wfh.org/whd